Take your health to the next level.
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With EngagementPoint, you can:

• Access your Blue Shield health plan info, medical ID card, and more – all in one place.
• Find a doctor, urgent care center, and more in your plan’s network.
• Talk with a board-certified medical doctor or licensed mental health professional by phone or video through Teladoc.
• Chat with a registered nurse who can provide health counseling and education.
• Interact with a health coach who can help with disease prevention, nutrition, weight management, stress reduction, and management of chronic conditions such as diabetes, hypertension, and stress.
• Connect with a social worker who can assess your emotional and psychological well-being. The social worker can also provide crisis intervention, substance abuse counseling, and mental health referrals.

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