



YOUTH  
MENTAL  
HEALTH  
FIRST AID<sup>®</sup>

[www.MentalHealthFirstAid.org](http://www.MentalHealthFirstAid.org)

**Led by:** Dr. Bradford Smith,  
Ph.D., Licensed Psychologist  
and Certified Instructor.



MENTAL  
HEALTH  
FIRST AID

Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to offer initial help to someone who is experiencing a mental health or addictions challenge or is in crisis.

Two separate trainings will be offered at St. James Catholic Church in Tupelo August 22nd (Adult Training) and 23rd (Youth Training) 8am -5pm

A registration confirmation with directions will be sent to all registered attendees. Cancellation deadline for full refund is one week before the training you are registered for. This training subject to minimum number of registrations.

Pre-Registration is required.

Register Early! **Seating is limited**

### Everyone Welcome!

Please share this information with others who might be interested.

**Registration includes:** Lunch, a comprehensive manual and a three year MHFA certification. Attending full program is required to obtain certification.

**Fee:** \$10 per class. CEU's offered for nursing and education. CEU's are an additional \$30 for .8 hours of education and 8 hours of nursing.

### Sponsored By:



Mississippi  
STATE DEPARTMENT  
OF HEALTH



### WHO ARE WE?

Mental Health First Aid is a public education program that introduces participants to risk factors and warning signs of mental illness, builds understanding of their impact, and overviews common supports.

### HAVE QUESTIONS?

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\*\*Youth Mental Health First Aid is for those working with adolescents (ages 12-18)\*\*



Scan the QR Code to register now!  
<https://conta.cc/2Hxr7yf>