

# The Role of the Sponsor

## 1. Phone Calls

Call the new Cursillista at least once a week to see how the Fourth Day is going.

## 2. Ultreya

Bring or meet your Cursillista to the Ultreya for the first six months following their weekend.

## 3. Group Reunion

The Group Reunion is one of the best ways to help your Cursillista get the most out of his/her Fourth Day. It takes a support group to assist in Piety, Study and Action.

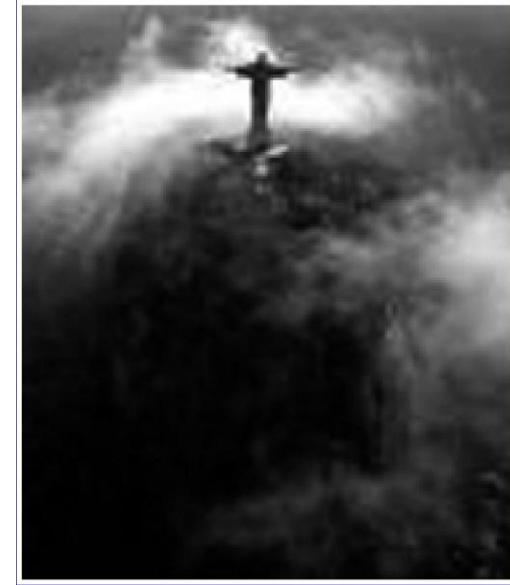
## 4. Spiritual Direction

One of the biggest favors you can do for your new Cursillista is help him/her find a Spiritual Director - a person with whom he/she can walk down the path toward Jesus.

## 5. Formation

Suggest a couple of the *Best* books and encourage your new Cursillista to read at least one spiritual book in the next couple of months.

6. **Pray, pray, pray, pray** for your Cursillista's perseverance in the Fourth Day.



*Contact Person: (Jackson Diocese)*

**Sue Anne Booth**

237 East Amite Street – P.O. Box 2248

Jackson, Mississippi 39225-2248

601.969.1880 – 601.960.8455 FAX

[sueanne.booth@jacksondiocese.org](mailto:sueanne.booth@jacksondiocese.org)

*Visit the Jackson Diocese Cursillo on the web at:*

<http://www.jacksondiocese.org/resources> and

the National Cursillo at [www.natl-cursillo.org](http://www.natl-cursillo.org)



*“You transform the world by becoming new men and women.  
I am therefore delighted to join in your thanksgiving to the  
Lord for all he has done and never ceases to do in the  
Church through the Cursillos de Cristiandad.”*

**- Pope John Paul II**

*In the Cursillo Movement, we approach evangelization as a very natural act of being Christ-like within each of our daily activities. We realize that while most people would like to live their lives in a Christ-like manner, the pressures of the world often make this difficult. The Cursillo Movement provides a method and a technique to provide each of us with the tools, the mentality, the strength, and the support to make this natural type of evangelization possible.*

*The Cursillo method endeavors to restore the beauty of the first Christian communities which prompted pagans to say with admiration: "See how they love one another!"*

### ■ ***Cursillos in Christianity***

In today's world can Christianity penetrate the many areas of secular life? Can it live there? Can it grow there? Can it transform the world in a way that is more fruitful than the past and in keeping up with the times? The Cursillo Movement thinks so. It proposes no new type of spirituality, but simply a method through which one's spirituality may be developed, lived and shared in any area of human life where there are Christians willing to dedicate their lives to God in an ongoing manner. The method is introduced by a little course.

### ■ ***Format of the Exercises***

Cursillo (pronounced kur-see-yo) is a Spanish word meaning "little" or "short course." It begins on a Thursday evening and ends the following Sunday night. During those three days those attending live and work together listening to talks given by priests and laity. They also share the Eucharist and pray together.

The titles of the talks indicate their content: Ideal, Habitual Grace, The Layperson in the Church, Actual Grace, Piety, Study, Sacraments, Action, Obstacles to a Life of Grace, Leaders, Study of the Environment, Life in Grace, Christianity in Action, The Cursillista Beyond the Cursillo and Total Security. Each talk is followed by a discussion period.

### ■ ***The Fourth Day***

The "after" activity of the Cursillo is known as the "fourth day." During this time perseverance is important just as it is in any method of renewal. In the Cursillo Movement the community spirit is continued after the three days through the "ultreya" or reunions of the community. These are available weekly as a means of growth in understanding and zeal within the Christian community. Reunions of smaller groups of friends are also available in order for them to encourage one another in spiritual improvement and the Christian apostolate.

### ■ ***Encounter with Christ***

A Cursillo is an encounter with Christ. That sounds too simple but it's not. Think about it - a real meeting with Christ. If that is understood then the power, beauty and joy of the Cursillo Movement will be understood. Interested? Attend one!

### ■ ***Christianizing Environments***

The Cursillo is an encounter with Christ. Correctly applied and overseen the Cursillo Movement can have very positive results in the spiritual revitalization of the world. The Christ-likeness in a few good people is contagious. The transference of Christ's values to others in one's family, school, place of business, etc. is the Christianizing of environments the Cursillo promotes. The goal of the movement is that Christ be the prime influence in society. So it is said that the PRIMARY OBJECTIVES of the Cursillo Movement are to develop in adult Christians a consciousness of their power and mission to become leaders in the work of Christian renewal and to sustain them as they provide a Christian leaven in civic, social and economic life. This "Christianizing of environments" is what the Cursillo Movement is all about.

### ■ ***What does Cursillo offer?***

*A simple method to seek and develop a Christian:*

- Spirituality
- Mentality
- Activity &
- Community